

HARDCORE LIMITED LIFETIME WARRANTY

4-6" Suspension System

Ford Ranger 4WD | 1983-1997

Rev. xxxx19

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Your truck is about to be fitted with the best suspension system on the market today. That means you will be driving the baddest looking truck in the neighborhood, and you'll have the warranty to ensure that it stays that way for years to come. Thank you for choosing BDS Suspension!

BEFORE YOU START

BDS Suspension Co. recommends this system be installed by a professional technician. In addition to these instructions, professional knowledge of disassembly/ reassembly procedures and post installation checks must be known.

FOR YOUR SAFETY

Certain BDS Suspension products are intended to improve off-road performance. Modifying your vehicle for off-road use may result in the vehicle handling differently than a factory equipped vehicle. Extreme care must be used to prevent loss of control or vehicle rollover. Failure to drive your modified vehicle safely may result in serious injury or death. BDS Suspension Co. does not recommend the combined use of suspension lifts, body lifts, or other lifting devices. You should never operate your modified vehicle under the influence of alcohol or drugs. Always drive your modified vehicle at reduced speeds to ensure your ability to control your vehicle under all driving conditions. Always wear your seat belt.

BEFORE INSTALLATION

- Special literature required: OE Service Manual for model/year of vehicle. Refer to manual for proper disassembly/reassembly procedures of OE and related components.
- Adhere to recommendations when replacement fasteners, retainers and keepers are called out in the OE manual.
- Larger rim and tire combinations may increase leverage on suspension, steering, and related components. When selecting combinations larger than OE, consider the additional stress you could be inducing on the OE and related components.
- Post suspension system vehicles may experience drive line vibrations. Angles may require tuning, slider on shaft may require replacement, shafts may need to be lengthened or trued, and U-joints may need to be replaced.
- Secure and properly block vehicle prior to installation of BDS Suspension components. Always wear safety glasses when using power tools.
- If installation is to be performed without a hoist, BDS Suspension Co. recommends rear alterations first.
- Due to payload options and initial ride height variances, the amount of lift is a base figure. Final ride height dimensions may vary in accordance to original vehicle attitude. Always measure the attitude prior to beginning installation.

BEFORE YOU DRIVE

Check all fasteners for proper torque. Check to ensure for adequate clearance between all rotating, mobile, fixed, and heated members. Verify clearance between exhaust and brake lines, fuel lines, fuel tank, floor boards and wiring harness. Check steering gear for clearance. Test and inspect brake system.

Perform steering sweep to ensure front brake hoses have adequate slack and do not contact any rotating, mobile or heated members. Inspect rear brake hoses at full extension for adequate slack. Failure to perform hose check/ replacement may result in component failure. Longer replacement hoses, if needed can be purchased from a local parts supplier.

Perform head light check and adjustment.

Re-torque all fasteners after 500 miles. Always inspect fasteners and components during routine servicing.

TIRES AND WHEELS

4" Lift 31x10.50 w/ 16x8 and 3-1/2" Backspace Wheel **6" Lift** 33x10.50 w/ 16x8 and 3-1/2" Backspace Wheel



CONTENTS OF YOUR KIT

Box Kit 013600 (6" Lift Systems Only)				
Part #	Qty	Description		
01001	2	Ford Ranger 6in Bump Stop		
01009B	1	Anti Sway Bar Extension - DS		
01010B	1	Anti Sway Bar Extension - PS		
01050B	1	Axle Pivot Brkt - PS		
01051B	1	Axle Pivot Brkt - DS		
01052B	1	Radius Drop - DS		
01053B	1	Radius Drop - PS		
083401R	1	Pitman Arm		
119159R	2	Rear Down Size Add-A-Leaf		
122341400RB	4	1/2 x 2-3/4 x 14 Round U-bolt		
4KB-W58	2	4in Block		
BP023401	1	Bolt Pack		
01054	2	Coil Spring J-Clip		
33622	2	3/8 lock washer		
380412FCP	2	3/8 x 4.5 Pin & Nut		
B381G2	2	3/8 x 1 Bolt		
BP123401	3	Ford Sway Bar Ext Bolt Pack		
N12FH-B	8	1/2 x 20 Fine High Nut		
N38SS	2	3/8 x 16 Hex Nuts		
T86FBB	1	Brake Line Drop Bracket		
T86RBB	2	Rear Brake Line Extension		
W12SB	8	1/2in Washer		

Box Kit 013400 (4" Lift Systems Only)				
Part #	Qty	Description		
BP023401	1	Bolt Pack		
BP123401	3	Ford Sway Bar Ext Bolt Pack		
N12FH-B	8	1/2 x 20 Fine High Nut		
T86FBB	1	Brake Line Drop Bracket		
T86RBB	2	Rear Brake Line Extension		
W12SB	8	1/2in Washer- Black		
01000B	2	Bump Stop Extension		
01009B	1	Anti Sway Bar Extension - DS		
01010B	1	Anti Sway Bar Extension - PS		
01039B	1	Strut Arm Bracket - PS		
01040B	1	Strut Arm Bracket - DS		
01041B	1	Axle Pivot Bracket - DS		
01042B	1	Axle Pivot Plate - PS		
083401R	1	Pitman Arm		
119159R	2	Rear Down Size Add-A-Leaf		
122341212RB	4	1/2 x 2-3/4 x 12-1/2 Round U-bolt		
2KB-W58	2	2in Block Painted w/ 5/8in Pin		

Box Kit 033602 (6" Lift Systems Only)				
Part #	Qty	Description		
033602R	2	6" Coil Spring		

BDS033402 (4" Lift Systems Only)				
Part #	Qty	Description		
033402R	2	4" Coil Spring		

TROUBLESHOOTING INFORMATION FOR YOUR VEHICLE

- Ball Joint Alignment cam will be required for alignment, these are avaialble as an option or from your 1. local alignment shop.
- Extra Cab models may not achieve sated height 2.
- Models equipped with a 2-piece driveshaft will require the carrier bearing crossmember to be lowered 3.
- Bronco II 1985-90 models with CV joint type drive shaft must be converted to double cardan shaft 4.
- 5. Vehicles equipped wth factory STX package will not achieve stated height
- The dual steering stabilizer listed will not fit applications with a factory front sway bar. 6.

INSTALLATION INSTRUCTIONS

INSTALLATION INSTRUCTIONS

- Safely raise the vehicle and support with jack stands. 1.
- 2. Remove tires and wheels.
- 3. Place a floor jack under each axle for support and safety.
- 4. Remove the stock shock absorbers.
- Remove the stock radius arm drop brackets from the frame rail only. Do not detach the radius arm bracket from the radius arm. The stock 5. rivets can be removed using an air chisel. Do not use a torch! The pressurized fuel system is located inside the driver's side frame rail. Remove additional OE bolts. (Fig. 1)

FIGURE 1

Install BDS radius arm drop brackets. It may be necessary to remove the bracket around the fuel system in order to gain space for access to the 6. bolt holes. Install the BDS drop brackets with 6 - 7/16 x 1-1/4. Re-use two OE bolts per bracket with the OE dual nut bracket. When brackets are in place, torgue the fasteners to 60 ft.lbs. (Fig. 2)

<u>SPECIAL TOOLS</u>

Air Chisel - OE Frame Rivets





7. Remove stock coil springs by removing the bottom retaining nut and washer. Once the bottom nut is removed, remove the coil by turning the coil out of the top spring tower. (Fig. 3)



FIGURE 3

8. Remove the existing OE bump stops. Attach each bump stop drop bracket to the frame with 1 -3/8 x 1" bolt, nut and washers. Attach the bump stop to the drop bracket using the OE stud. (Fig. 4)



9. Remove the existing driver's side axle pivot bracket. Note: Located on the passenger side. Remove pivot bolt and the five upper bolts and



10. 6" kit only: Install new BDS axle pivot bracket using stock bolts and use the template provide on last page to locate the holes to be drilled. Line up the edges of the BDS bracket and factory hole as shown and mark the hole to be drilled (Fig 6). Start with a smaller drill bit and go

up in size to 1/2" to clear the hardware. Install new 7/16" x 1-1/4" bolt in drilled hole locattion (bolt pack 023401).







FIGURE 6B

- 11. Remove the existing passenger's side axle pivot bracket Note: Located on the driver's side. The stock axle pivot bracket is located in front of and beneath the oil pan. The bracket is held in place with four rivets that can be removed with an air chisel, drill or grinder. (Fig. 6)
- 12. 4" Lift Only: Install the BDS axle pivot drop bracket on the front side of the motor frame support between the frame support and the existing pivot bracket. Attach the stock pivot bracket to the BDS drop bracket using the longer 7/16 x 1-1/2" bolts (Qty 4). Attach the BDS bracket to the frame support using 7/16 x 1-1/4" bolts (Qty 4), locknuts, and flatwashers. After all fasteners are in place you can torque the fasteners to 60 ft.lbs.



13. 6" Lift Only: Kit includes a full replacement bracket. Using the 7/16" x 1-1/4" hardware, bolt bracket to factory hole locations as shown (Fig Bolt the axle to the bracket using stock hardware.



14. Brake Line Drop- Driver's Side: Remove the brake line from the frame clip in the upper shock tower, which is the line off of the master cylinder. (Fig. 7)



- 15. Remove master cylinder brake line from rear of brake hose connection at coil spring tower. Be sure to use a vacuum cap on the brake line to minimize fluid loss.
- 16. Remove the clip from the hose connection.
- 17. Install new BDS brake line drop bracket into the existing hole in the spring tower using a 3/8" x 1" bolt, nut, and washers.
- 18. Install the brake hose into the lower key slot in the drop bracket. Reinstall the clip and the brake line from the master cylinder. The brake line and drop bracket may need to be reformed for proper clearance.
- 19. Brake Line Drop- Passenger Side: Repeat steps 16 18.

WARNING: The brakes will need to be bled once the installation of the drop brackets is complete. *Turn wheels fully left and right to insure that there is no interference of brake lines and hoses.*

20. Support the anti-sway bar with a jack and then disconnect it from the frame. The anti-sway bar is attached with two bolts on each side. Install the BDS anti-sway bar drop brackets using 3/8" x 1" bolts (Qty 4), nuts, and washers. Install the bracket so the "U" channel of the bracket is facing the center of the vehicle and the angle going back toward the bottom of the bracket. Tighten all fasteners after the assembly is complete. (Fig. 10)

FIGURE 9



- 21. Remove the OE pitman arm using an appropriate puller. Install new BDS pitman arm and torque to 170 ft.lbs. Attach steering linkage to the pitman arm and torque to 45 ft.lbs. Be sure to install new cotter key.
- 22. Coil spring installation. Place the small end of the new coil on the coil seat and spin the coil into the upper tower. Be sure the spring keeper tabs are bent back into their original position. Tighten the bottom coil retaining nut to 70 ft.lbs. (Fig. 11)



FIGURE 11

23. Install the appropriate BDS shocks at this time. Tighten upper stem till bushings start to swell. Lower bolt torque to 40 ft.lbs.

REAR INSTALLATION

- 24. Place jack stands under the rear axle.
- 25. Remove the stock shock absorbers.
- 26. Remove the OE u-bolts at the spring/axle connection.
- 27. Lower the jack stands to allow for the block installation.
- 28. Cut the OE rear brake line bracket, bed it down and remove the rear brake line. Bend the bracket back into place and bolt the new "Z" drop bracket in place with a 3/8" fastener. Attach the brake line to the keyslot in the "Z" drop bracket. (Fig. 12)



29. Place the new block between the axle pad and the existing block. The smaller tapered end of the block should face the front of the vehicle. (Fig. 13)



FIGURE 13

- 30. Install add-a-leaf on top of the stock flat overload spring on the bottom of the arched leaf spring.
- 31. Install new u-bolts with high nuts and washers and torque to 70-85 ft-lbs.
- 32. Install new BDS shock absorbers. Torque OE bolts to 40 ft.lbs.
- 33. Check all hardware.
- 34. Install wheels and tires.
- 35. Loosen front tie rod adjustment sleeves. Turn sleeves until wheels run straight.
- 36. Lower vehicle.
- 37. Tighten adjustment sleeves.
- 38. The front end must be aligned before driving the vehicle.
- 39. Check all fasteners after 500 miles.



WE WANT TO SEE YOUR RIDE!

Grab photos of your BDS-equipped truck in action and send them in for a chance to be featured. Send it in to our Bad Ass Rides customer gallery at bds-suspension.com/bar and post them on the BDS Fan Page on Facebook at facebook.com/BDSSuspensions. Don't forget about your BDS swag! BDS offers t-shirts, hoodies, decals and more available on the BDS website or through your local BDS distributor.

TIME TO HAVE SOME FUN

Thank you for choosing BDS Suspension.

For questions, technical support and warranty issues relating to this BDS Suspension product, please contact your distributor/installer before contacting BDS Suspension directly.